



United 4 Sailing

Notice of Race

(updated March 22 2025)

UNITED 4 SAILING REGATTA 2025

May 3-4 2025

May 24-25

September 6-7 2025

September 27-28 2025

on the IJsselmeer off Medemblik

on the Oosterschelde off Kamperland (Roompot)

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Competing Classes:

May 3-4	May 24-25	September 6-7	September 27-28
Optimist	Optimist	Optimist	Optimist
Cadet	Cadet	Cadet	Cadet
ILCA 4	ILCA 4	ILCA 4	ILCA 4
ILCA 6	ILCA 6	ILCA 6	ILCA 6
ILCA 7	ILCA 7	ILCA 7	ILCA 7
Europe/RS Aero	Europe/RS Aero	Europe/RS Aero	Europe/RS Aero
29er	29er	29er	29er
49er 49erFX	49erFX	49er 49er FX	49erFX
Nacra 15			
RS-500		RS-500	RS-500
RS-Feva	RS-Feva	RS-Feva	RS-Feva

The Organizing Authority is the Stichting United 4 Sailing, in conjunction with KZ&RV Hollandia, and the Dutch or Belgian Class Organizations.

During the weekend of 6 and 7 September the Open Dutch Championship RS-500 class will take place together with the United4 Regatta.

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing* (RRS). The Prescriptions of the Royal Netherlands Watersports Association (RNWA) can be found at : <https://www.sailing.org/racingrules/>

Only for the Open Dutch Championship RS-500 class the Championship Rules for (Open) Championships Sailing, Windsurfing and Kiteboarding' (available at [reglement-voor-kampioenschappen-20191101-v5-docx.pdf \(watersportverbond.nl\)](https://www.watersportverbond.nl/kampioenschappen-20191101-v5-docx.pdf)) will apply.

- 1.2 Sails shall carry the full sail number and national letters in accordance with the Class Rules, the RRS and comply with RRS Appendix G



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- 1.3 If there is a conflict between languages the text in the English language will take precedence.
- 1.4 Every person on board who has its domicile in the Netherlands shall have the appropriate RNWA license. The licenses may be checked at registration.
- 1.5 RRS Appendix T, Arbitration applies.
- 1.6 The Stichting United 4 Sailing will follow the Race Management Policies of World Sailing (DYS/ U4S version) and the Race Management Policies of the different International Class Organizations. These can be found at www.united4sailing.org
- 1.7 The GDPR declaration which can be found at www.united4sailing.org
- 1.6 For RS Aero only: These regattas will be sailed with free choice of sail (5, 6, 7 or 9). Sailors may choose per race which sail they want to use. It is only allowed to change sail while ashore. The final results are based on the results without applying handicap. Protests based on the choice of a sail are not allowed.

2 SAILING INSTRUCTIONS

- 2.1 The sailing instructions will be available at www.united4sailing.org
These documents can be downloaded in PDF-format and will not be handed out.

3 COMMUNICATION

- 3.1 The online official notice board is located at www.united4sailing.org.
- 3.2 [DP] From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4 ELIGIBILITY AND ENTRY

- 4.1 The event is open to all in the preamble- mentioned classes.
- 4.2 Competitors in classes with an age limit shall show a proof of their birth date (e.g. passport) on request of the organising authority or the protest committee.
Optimist Benjamin competitors shall be born in 2014 or later.
- 4.3 Only for the Dutch Optimist sailors: Dutch Optimist sailors who have competed in at least 4 combi regattas in the Optimist Junior and/ or Benjamin Class are eligible to enter.
- 4.4 Eligible boats shall only enter by completing the entry procedure on the U4 website www.united4sailing.org.
- 4.5 To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees.
- 4.6 By entering minors under 18 years of age, they declare that their Parent/Guardian agree with their entry.
- 4.7 Online entry for all classes is open from **January 15 2025 0:01 hrs.** and closes on **the Wednesday 10 days before each weekend 23:59 hrs.**
- 4.8 Entries and payments received after the Wednesday 10 days before each weekend shall only be accepted after written approval of the OA and only for classes that have not reached their maximum number of allowed entries (see NOR 4.12). An extra fee of € 15.00 shall be paid.
- 4.9 Competitors can request a cancellation of their entry by sending the OA an email via the U4 website. If such a request is made before the Wednesday 10 days before each weekend 23:59 hrs. and is accepted by the OA, the entry fee will be reimbursed after deducting an administrative fee of €15,00. After Wednesday, 10 days before each weekend, at 23:59 hrs, no refunds will be given.
- 4.10 Competitors are responsible for providing the **correct information** in the entry form. It is strongly recommended that competitors check their entry information once published on



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the U4 website (this is also the confirmation of their entry). Changes in the name, gender, sail number and/or national letters SHALL be made on the U4 website

www.united4sailing.org prior to **the Thursday before each weekend 23:59 hrs.**

4.11 In case less than 6 boats for a class have entered by the deadline of 30 days before each weekend 23:59 hrs. the regatta for that class may be cancelled.

4.12 In case less than 8 boats for a class have entered by the deadline of the Wednesday 10 days before each weekend 23:59 hrs. the regatta for that class may be cancelled. Such cancellation will be communicated through the U4 website www.united4sailing.org

4.13 The following restrictions to the number of boats apply:

Class	Maximum number of competitors
Optimist	240 boats
ILCA 6, ILCA 4	85 boats
All other classes	75 boats

For the events in Medemblik a total of 500 boats are allowed to enter the Regatta (first come first service system)

4.14 Sailors from the Russian Federation or Republic Belarus and/ or with the Russian or Belarus Nationality and/or sail under the Russian or the Belarus flag are permitted to enter the United4 Regatta only on an individual basis. Representing their country is not permitted.

4.15 Dutch sailors (helm and crew) in the Nacra15, 29er, 49er and 49er FX class who are not current members of the DHPSC prior to the first race of the event will not be scored.

5 FEES

5.1 Entry fees are as follows:

Europe, ILCA 4, ILCA 6, ILCA 7, Optimist and RS Aero	€75,00 each weekend
Nacra15, 29er, 49er, 49erFX(open), Cadet, RS-500 and RS-Feva	€95,00 each weekend

6 SPARE

7 ADVERTISING

7.1 Boats may be required to display advertising chosen and supplied by the Organizing Authority.

8 QUALIFYING SERIES AND FINAL SERIES

8.1 The Optimist Class will be split each day in starting groups. When less than 160 competitors have entered there will be two starting groups. When there are more competitors there will be three starting groups.

8.2 When more than 45 29ers have entered, the fleet will be split into two starting groups.

9 SCHEDULE

9.1 There will be no onsite registration.

9.2 Dates of racing and number of races:

Classes	No. of scheduled races	
	Saturday	Sunday
Cadet, Europe, ILCA 4, ILCA 6, ILCA 7, Optimist and RS Aero	3	3
Nacra15, 29er, 49er, 49erFX(open), RS-500 and RS-Feva	4	4



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- 9.3 The scheduled time of the warning signal for the first race of the first class is on Saturday 11.10 hrs. and on Sunday 10.10 hrs.
For Nacra15, 29er, 49er, 49erFX, RS-500 and RS-Feva on Saturday 10.40 hrs. and on Sunday 10.40 hrs.
- 9.4 On Sunday no warning signal will be made after 15.00 hrs.
For Nacra15, 29er, 49er, 49erFX, RS-500 and RS-Feva 15.30 hrs.

10 EQUIPMENT INSPECTION

- 10.1 For classes where the Class Rules require a valid measurement certificate for racing, measurement certificates can be checked on request.
In addition, measurements and checks can be made at any time during the event.

11 SPARE

12 VENUE

- 12.1 The address of the regatta office and the location of the venues are described in the menu information at the website www.united4sailing.org

13 COURSES

- 13.1 There will be 3 Course Areas.
- 13.2 In the Course Areas, trapezium-courses will be established with an inner- and outer loop or up-and-down-wind courses.
- 13.3 The length of the course will be set to meet a target time for the first finishing boat in every race.

Classes	Target time
Cadet, Europe, ILCA 4, ILCA 6, ILCA 7, Optimist and RS-Aero	45-50 minutes
Nacra15, 29er, 49er, 49erFX (open), RS-500 and RS-Feva	30 minutes

14 PENALTY SYSTEM

- 14.1 RRS Appendix P will apply. Where in Appendix P is written event this must be understood as weekend series.
- 14.2 For the Nacra15 29er, 49er, 49er FX class RRS 44.1 is changed so that the Two-Turn Penalty is replaced by the One-Turn Penalty.

15 SCORING

15.1 Weekend Series

- While scoring the separate junior, ladies or other sub-classes, the scores of the normal results will be used.
When less than five races have been completed, a boat's series score will be the total of her race scores.
- 15.2 For the Open Dutch Championship RS-500 class:
Four races are required to be completed to constitute a championship.

- (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.



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- (b) When 5 , 6, 7 or 8 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

This changes App A 2.1

15.3 Overall score U4 Series

For the purpose of scoring the overall ranking of the United4 Regatta 2025 the following apply:

- a. Each team (skipper and crew) is scored under his/her last sail number used in the overall series. Scores are combined when a skipper sails with another sail number in the same class. Change of helm or crew will result in a separate listing.
- b. For each class, at least 3 United 4 weekend series shall be completed to constitute the Overall United 4 Regatta 2025 ranking. The ranking of a completed United 4 weekend series will determine the final rank of a team in such an event.
- d. Each team that entered a United 4 weekend series shall be scored points as follows:
- | Final ranking | Points |
|---------------|--------|
| first | 1 |
| second | 2 |
| third | 3 |
| fourth | 4 |
- Etc. For each place thereafter, Add 1 point
- e. If a team did not enter a United 4 weekend series, it shall be scored points for the final rank in that event one more than the number of boats entered in the respective United 4 weekend series.
- f. No scores shall be excluded. This changes RRS A 2.1

15.4 RRS 90.3(e) applies only for the final results of each weekend and the overall results.

16 [DP] SUPPORT PERSONS/ VESSELS

16.1 Support person/ vessels shall register, on the Manage2sail website, with the Organizing Authority at least 1 hour before the first start of the first race.
Support vessels shall comply with the DYR/ U4S Support Vessel Regulations. See the online notice board on www.united4sailing.org.

16.2 Support and rescue vessels shall be marked with a number on a clearly visible place. This number shall be obtained from the Organizing Authority. The (non-refundable) registration fee will be € 25,00 per event weekend.

16.3 Every competing boat shall have a supporting person known by the Organizing Authority.

17 CHARTERED OR LOANED BOATS

17.1 A chartered or loaned boat may carry national letters or a sail number in contravention of her class rules, provided that the race committee has approved her sail identification before the first race.

18 BERTHING

18.1 Boats shall be kept in the assigned places in the boat park.

19 SPARE



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20 TRACK AND TRACE

Track & trace equipment may be supplied to competing boats. Full text will appear in the Sailing Instructions.

Every boat has to collect a tally/tag to sign-In and sign-out before each day.

Tally/tags are available in the regatta office on Friday from 1700 till 1900 and on Saturday from 0800 till 1000.

21 DATA PROTECTION

- 21.1 By entering the event, competitors accept that they may be photographed and/or videotaped participating in the race and/or using the U4 Sailing facilities and they consent to the taking of such images and the use, reuse, publication and republication of such images in any media, in conjunction with the competitors name or not, without compensation and without the competitor's approval of such images or any use thereof.
Video cameras can also be put on boats.

22 RISK STATEMENT

- 22.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

23 INSURANCE

- 23.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of Euro 1.500.000 or the equivalent per incident.

24 PRIZES

- 24.1 Prizes will be awarded to every class in each weekend series.
24.2 Separate prizes (5) will be awarded to Optimist Benjamin U12 (born in 2014 or later).
24.3 For the Optimist class 10 prizes will be awarded.
For all other classes, prizes will be rewarded based on the number of participants.
1-4 competitors: 1 prize,
5-7 competitors: 2 prizes,
8-29 competitors; 3 prizes,
30-49 competitors: 4 prizes,
more than 49 competitors: 5 prizes.
24.4 For the Open Dutch Championship RS-500:
The RNWA supplies the winning boat or team a blue pennant and a medal for every member of the crew of the first three boats or crews (there will be no extra medals available for changes in the crew during the event).
24.5 Overall prizes for the entire series will be awarded to every class (including Optimist Benjamin U12) provided the class has taken part in at least 3 weekend events.
24.6 Overall prizes will be awarded at the last United 4 weekend event.

25 FURTHER INFORMATION

- 25.1 You can find the United 4 Sailing Regatta on www.united4sailing.org